



FINISH YOUR RACE!



The Apostle Paul told Timothy:

*[5] But you be watchful in all things, endure afflictions, do the work of an evangelist, **fulfill your ministry**. [6] For I am already being poured out as a drink offering, and the time of my departure is at hand. [7] I have fought the good fight, **I have finished the race**, I have kept the faith. (2 Timothy 4: 5-7 NKJV)*

Unfortunately, too many Christians have not been able to fully run their race. They have been slowed down or stopped short by sickness and disease.

If the devil can attack us with sickness, he will try to do that.

Jesus said, "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. (John 10:10 NKJV)

If the devil can't attack us directly, then he will try to deceive us into hurting ourselves and pulling us off our course.

THE VAST MAJORITY OF THE SICKNESSES THAT ARE HURTING OR KILLING THE CHURCH TODAY CAN BE AVOIDED OR REVERSED SIMPLY BY RETURNING TO THE HEALTHY DIET GOD GAVE US.

The church is called to "come apart and be separate" from the world. Yet, Christians in America are just as sick as the non-Christians and prayers for healing are the number one request on Sunday mornings. If we choose to live the way the world lives, we can expect the same results the world is getting.

Yes, God can and does supernaturally heal our bodies. Miracles and healings happen every day. But as a general rule, God created our physical bodies to live in this physical world governed by the physical laws He created. If a Christian and a non-Christian choose to step off the roof of a tall building, both will be subject to the law of gravity that God created and both will be subject to the consequences.

If a Christian and a non-Christian both choose to live their lives eating bacon double cheese burgers, greasy French fries and sugar filled soft drinks, both can expect to reap the same results of high cholesterol and toxins in their bodies, soon followed by diseases like cancer, heart disease, diabetes and the majority of diseases that are needlessly hurting and shortening our lives and ministries.

Do not be deceived: God cannot be mocked. A man reaps what he sows. (Gal 6:7 NIV)

God wonderfully created our bodies with an immune system, designed to keep us healthy and alive. But we have the responsibility to feed our bodies with the healthy nutrients found in the good food that God created.

*[19] Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; [20] you were bought at a price. Therefore **honor God with your body.** (1 Cor 6:19-20)*

At Abundant Life – Abundant Health Healing Ministries we teach:

Healing Through God’s Word - Supernatural healing through Jesus Christ and the power of the Holy Spirit.

Healing Through God’s Garden - Natural healing through the good foods that God created, by providing the nutrients to the body that He designed to heal itself.

If you and your church are sick and tired of being sick and tired and would prefer to live in the Abundant Life and Abundant Health that God has for you, then please give us a call.

FULFILL YOUR MINISTRY!



Healing Ministries

“Healing through God’s Word and His garden.”